

## 2<sup>nd</sup> Network Meeting of the Health Programme: Prevention in the Field of Child and Adolescent Mental Health

**Wednesday 21<sup>st</sup> September**

Meeting venue: Antonín Dvořák Museum (Ke Karlovu 20, Prague)

Moderator: Matouš Duraj

Morning session: Opening and general introduction

- 9.30      **Registration and welcome coffee**
- 10.00      **Welcome and introduction**
- ✓ Jakub Dvořáček, Deputy Minister, Czech Ministry of Health
  - ✓ Per Øystein Vatne, Deputy Ambassador of Norway to the Czech Republic
  - ✓ Solfrid Johansen, Senior Adviser, Norwegian Institute of Public Health
- 10.15      **Countries' overview presentations: Situation in the field of prevention of child and adolescent mental health in the respective countries**  
Moderated by Matouš Duraj
- ✓ **Czech Republic:** Ivana Svobodová, Secretary of the Council for the Mental Health of the Government, Ministry of Health
  - ✓ **Estonia:** Triinu Täht, Prevention and enhancement policy coordinator, Mental Health Department, Ministry of Social Affairs
  - ✓ **Lithuania:** Justina Račaitė, Ministry of Health
  - ✓ **Norway:** Astrid Nylenna, Norwegian Directorate of Health
  - ✓ **Poland:** Marcelina Mroczkowska, Ministry of Health
  - ✓ **Romania:** Livia Cioran, Romanian Public Health Interventions, National Institute of Public Health, Diana Stanculeanu, National Centre for Mental health and Anti-drug Action
- 11.00      **Promoting mental health in kindergarten/schools**  
Moderated by Livia Cioran
- ✓ **Czech Republic:** Táňa Zimmermannová, Palacký University Olomouc
  - ✓ **Lithuania:** Justina Račaitė, Ministry of Health
  - ✓ **Poland:** Dariusz Juszczynski, Ministry of Health
  - ✓ **Romania:** Diana Stanculeanu, National Centre for Mental Health and Anti-drug Action
- 12.00      **Lunch**

## Afternoon session: Tools for building resilience

13.00 **Cultural performance**

13.15 **Tools for building resilience**

Moderated by Janne Strandrud

### **Digital tools**

- ✓ **Czech Republic:** Aplikace Nepanikař/*Don't Panic app* (Markéta Vaňková)
- ✓ **Estonia:** NGO Peaasi/*Head Matters* – Using digital tools in mental health prevention (Kadri Pahla, Head of Centre)
- ✓ **Norway:** DigiUng/*DigiYouth* (Adélie Dourseuil, Norwegian Directorate of Health)

### **NGO's**

- ✓ **Czech Republic:** NGO Práh (Martin Novák, Práh Jižní Morava)
- ✓ **Norway:** Youth Mental Health Norway (Adrian Wilhelm Kjølø Tollefsen)

15.30 **Closing of Day 1**

## Thursday 22<sup>nd</sup> September

Meeting venue: Antonín Dvořák Museum (Ke Karlovu 20, Prague)

Moderator: Matouš Duraj

### Morning session: The next steps

#### 9.30 **Children and youth as refugees**

Moderated by Solfrid Johansen

- ✓ **Czech Republic:** Markéta Ferencová Hrodková, Ministry of Labour and Social Affairs
- ✓ **Norway:** Ragnhild Dybdahl, Norwegian Institute of Public Health
- ✓ **Poland:** Marcelina Mroczkowska, Ministry of Health

#### 10.30 **EU policy in the field of children' and adolescents' mental health, lessons learnt and the next steps for the network**

Moderated by Pernille Venner Dehli

- ✓ **EU policy in the field of children' and adolescents' mental health:** Key Strategies and initiatives at European level to improve child and adolescent health (Ingrid Stegeman, EuroHealtNet)
- ✓ **Health in the next period of the EEA and Norway Grants and the next steps for the network** (Gudrun D. Gudmundsdottir, Senior Sector Officer, EEA and Grants and Pernille V. Dehli, Senior Adviser, Department of Global Health, Norwegian Directorate of Health)
- ✓ **Workshop** with participants on lessons learnt in project implementation
- ✓ **Next steps** (next period of the Grants, the future of the network and topics and place for the next meeting, revision of the network's Terms of Reference)

#### 12.00 **Lunch**

### Afternoon session: Project visits

#### 13.15 **Project visit (optional) – General University Hospital**

- ✓ **Educational and Therapeutic Center in GUH**, Psychiatric clinic
- ✓ **Mental Health Care of Children Born Preterm**, Department of Pediatrics and Inherited Metabolic Disorders